

OUR VISION

ALBERT EINSTEIN SCHOOL ENVISIONS TO HELP BUILD EMPOWERED INDIVIDUALS EQUIPPED WITH THE 21ST CENTURY SKILLS THROUGH THE CULTURE OF ACADEMIC EXCELLENCE, WELL-FOUNDED LEADERSHIP AND COMMITTED SERVICE.

OUR MISSION

- A. **ACADEMIC EXCELLENCE** – AES strives to equip and advance students with competencies and skills of the 21st century that shall make them competitive, productive and responsible individuals of the country and of the world.
- B. **VALUE OF SERVICE** – AES provides impartial access to learning through relevant, educational and innovative activities in the context of love, faith and charity to man and the nation.
- C. **QUALITY LEADERSHIP** – AES nurtures students to become supreme leaders with self-discipline and prepares them to become responsible and productive citizens.

OUR PHILOSOPHY

AES believes in the Latin phrase, “*Mens sana en corpore sano*”, meaning a healthy mind in a healthy body;

*that every Einsteinian aims for excellence and not for mediocrity

*that every Einsteinian gives his full potential to be of service to others

*that every Einsteinian is considered a highly competitive, empowered and responsible individual ready to lead, and

*that every Einsteinian aspires for a holistic human development – mental, physical and moral.

I. GENERAL RULES ON ADMISSION

A. Admission to Pre-school

1. Age Requirements

Incoming Kindergarten must strictly comply with the cut-off age policy stated in DO No. 47, s. 2016, as amended by the DepEd Order.

Age qualification for kindergarten learners in both public and private schools should be five (5) years old by June 1 of every calendar year. However, the school may consider learners entering Kindergarten who will turn five (5) years old by the end of August on the condition that the Philippine Early Childhood Development (ECD) Checklist must be administered to the learner prior to the start of the opening of the school year, to ensure that the learner is capable of meeting the expectations of the grade level.

2. Other Requirements

- a. Birth Certificate (NSO)
- b. Accomplished Enrolment Form
- c. Entrance Examination Fee for Transferees

The schedule for examination is given at the time of the application.

B. Admission to Other Year Levels

1. Accomplished Enrolment Form
2. Report Card (Form 138)
3. Birth Certificate (NSO)
4. For transferees:
 - Entrance Examination Fee
 - Certificate of Good Moral Character from the previous school

*In case an applicant fails the entrance examination, he will be recommended to take remedial/summer classes.

*The school reserves the right to refuse admission to any student/pupil who does not meet the above requirements.

C. Fees and Payments

1. Tuition, miscellaneous and other fees are posted at the Business Office prior to and during the enrolment period.
2. All financial matters and payments of the same are settled in the Business Office.
3. A student / pupil shall not be considered officially enrolled and a bona fide student / pupil unless he has submitted his complete credentials and has paid the required tuition and miscellaneous fees upon enrolment.

D. Policies on Withdrawals

1. The registration fee is nonrefundable in any case. If the withdrawal occurs before the start of the classes, a penalty fee of P 1,000.00 will be imposed.
2. If the withdrawal occurs at the start (or thereafter) of the classes, the following will be imposed:
 - a. No refund on all miscellaneous fees;
 - b. No refund on tuition fees;
 - c. No refund on book fees.

II. GENERAL RULES ON ACADEMICS

A. Grading System (Classroom Assessment)

1. The school’s grading system is based from the DepEd Order #8, series 2015.

2. Students/pupils are graded on **WRITTEN WORKS, PERFORMANCE TASKS & QUARTERLY ASSESSMENT** every quarter.

- A. Written Works shall be administered to assess essential knowledge and understanding through Unit Tests/Periodical Test
- B. Performance Tasks allow learners to show what they know and are able to do in diverse ways. They may create or innovate products or do performance-based tasks including skill demonstrations, group presentations, oral work, multimedia presentations, and research projects. It is important to note that written outputs may also be considered as performance tasks (DepEd 2015, pp. 7-8), examples daily /weekly drills, performances, activities, participation in the class. Book activities and drills are part of the PT.
- C. Quarterly Assessment measures student learning at the end of the quarter.

3. Admin Evaluation may be conducted anytime as part of the final grade in a particular grading period.
4. Any student/pupil who joins co-curricular activities related to the subject shall be given additional points to his final grade of the same quarter of the same academic discipline, accordingly :

	Rank 1	Rank 2	Rank 3	participant
School Level	1	.75	.5	.25
City Level	1.5	1	.75	.5
Regional Level	2	1.5	1	.5
National Level	2	1.5	1	.5

B. Selection of Honors / Medals

Honors:

1. Candidates for honors, at any grade/year level shall be drawn from the qualified pupils/students.
2. They must have an average grade of at least 89.50% or any value rounded off to 90% and a passing final grade in all learning areas. And they will be ranked by class.
3. The pupils/students' grade in the previous curriculum level shall not be considered in the ranking of honor pupils/students.
4. Only the grades in the current curriculum year shall be considered in the ranking of honors.
5. Transferees shall be considered in the ranking provided they are enrolled not later than the second week of classes of the current year.
6. The final rating shall be computed to the three decimal places. In case of a tie, candidates shall be declared in the same honor ranking.
7. All candidates must be of good moral character and have not been subjected to any disciplinary actions within the current school year.

Subject and Co-Curricular Medals:

1. Achievements of pupils/students in specific academic disciplines and other co-curricular activities shall be given recognition.

2. For the selection of the academic medalist, a pupil/student who has won in a division/city level will be awarded. In the case that a student did not win in a city level, a selection panel shall deliberate the qualification of a candidate.
3. Subject medals are given to pupils/students who have the highest grade in a particular subject.
4. For the selection of the best in non-academic and co-curricular medalists, the school administrator/s may declare the student/pupil who won first and second on any school competition and has shown outstanding performance in a particular field as recipient of the said award. Only the current and one previous year are basis of the selection.
5. A student or pupil with perfect attendance shall also be recognized during the convocation. (Excuses subject the child from disqualification.)
6. All candidates must be of good moral character and have not been subjected to any disciplinary actions within the current school year.

C. Enhancement and Remedial Classes

1. All incoming Grade 12, Grade 10 and Grade 6 students and pupils are required to attend the enhancement classes during summer. This is to prepare the graduating students for the National Achievement Test and other entrance examinations like the Philippine Science High School (PSHS) entrance exam. Furthermore, this enhancement classes are necessary to complete the 205 days of required classes. The graduating classes take their final exams 3 weeks ahead of the non-graduating classes.
2. All students and pupils with grades below 76 in any subjects at the end of the school year are required to attend remedial classes during summer.

3. Pupils who have difficulty in reading are advised to attend the Summer Reading Program of the school.

D. Posting of Grading Sheets and Summary of Grades

Posting of grading sheets and summary of grades is done regularly for transparency. These are important documents hence, need proper care. They should not be detached from the bulletin board nor be tampered and vandalized.

III. CAMPUS BEHAVIOR

You are now a member of the Albert Einstein School community. As an Einsteinian, you are expected to behave as a decent person. Albert Einstein considers it important that certain rules of action be followed to facilitate better learning activities of students in search for the truth. Thus, your behavior reflects the quality of such training.

You should know how to conduct yourself in relation to objects, persons and groups of people. Such actuation is a manifestation of the degree of your involvement in the making of your environment.

1. Students should respect authority. The usual norms of politeness and etiquettes are to be followed when dealing with administrators, faculty members, office personnel, work force, fellow students and all campus visitors.
2. The Albert Einstein School prescribes a uniform. An Einsteinian wear a complete uniform from Monday thru Thursday (*see Section about Uniform*). On Fridays, students and pupils wear decent, casual / Sunday dress. The ID card must always be worn with any type of uniform.
3. Students should refrain from any form of indecent behavior.

4. Students must refrain from shouting, running or playing along the corridor especially during class hours. They are expected to show refinement and proper decorum anytime and anywhere.
5. Students and pupils are not allowed to stay in the classroom during recess time and noon break.
6. Students should refrain from bringing valuable items to school like iPods, laptops, video games and DSLR cameras if not required by the Homeroom/Subject Teacher.
7. Bringing of cellular phone is NOT ALLOWED unless required by a teacher. In case of emergency, cellphones from the Business Office may be used. If a cellphone rings or students/ pupils are caught using their phones, the teacher or any school authority has the right to confiscate the phone and the parents will be notified.
8. Students are responsible for their personal property & valuables and the school does not accept any responsibility for the loss of their belongings.
9. Strict enforcement of order and cleanliness on campus should be observed. No littering is allowed. Chewing gum inside the school campus is strictly prohibited.
9. Smoking is NEVER ALLOWED inside the school premises at all times. The use of drugs and alcoholic drinks, vaping and gambling in the school are STRICTLY PROHIBITED.
10. For security and safety purposes, students and pupils are strictly prohibited from going out of school campus during recess time. Students are not allowed to hang around in public places during class hours.
11. During regular class days, all students are expected to be out of the campus by 5:30 pm. If necessary, special permission may be granted by the School Director/Principal for group activities which may go beyond the curfew time.

12. On regular classes, hair dye is NOT ALLOWED for both boys and girls. Hair dye, if necessary, will only be allowed on special occasions like as character make-up in a show, JS Prom, Christmas Party.

IV. ON PROCEDURES

1. School Uniform

- A. An Einsteinian wears a complete uniform from Monday to Thursday. The prescribed uniform for boys includes the prohibition from wearing earrings and colored or printed undershirts. Only plain, white-colored undershirt is allowed. The Einstein proper haircut is two by three (2 x 3) inches. Haircut inspection is done every first Monday of the month.
- B. The prescribed uniform for girls includes the prohibition from wearing make – up (lipstick, eyeshadows, blush-ons, etc.) and nail polish and other outlandish accessories.
- C. On Fridays, students wear decent, casual / Sunday dress. Tattered jeans, sleeveless blouse, short pants should not be worn.
- D. The CAT uniform is worn during the scheduled OD work. The classes involved are Gr. 5, Gr. 6, Gr.7, Gr.8, Gr. 9 and Gr. 10.
- E. Schedule of Uniform

Elementary & Junior High School

Monday: Pearl uniform (light yellow & light blue) **hijab for girls – light blue*

Tuesday & Thursday : AES shirt **hijab for girls – white*

Wednesday: Vintage uniform (bright yellow & navy blue) **hijab for girls – royal blue*

Friday: Casual / Sunday dress

Senior High School Uniform

Monday : Premium Uniform (midnight blue & white) **hijab for girls – midnight blue*

Tuesday & Thursday : AES shirt **hijab for girls – white*

Wednesday : Premium Uniform **hijab for girls – midnight blue*

Friday: Casual / Sunday dress

Note: Mondays & Wednesdays – black shoes & white socks

SHS girls : 1 inch heeled black shoes

Tuesdays & Thursdays – dark blue/black denim jeans, rubber shoes and socks

**wearing of jogger pants is NOT ALLOWED*

**wear the appropriate color of hijabs and arm sleeves (white)*

- F. The school uniforms are not to be worn in such public places as movie houses. They may be worn off campus only by students/ pupils designated as official school representatives.

2. Definition of PERFECT ATTENDANCE & PUNCTUALITY

A. present and on time for morning / afternoon assembly

B. present and on time in all classes

C. Students who missed classes even if excused because of family matters are not qualified for perfect attendance and punctuality

D. Students who fell ill and missed classes to rest in the clinic are not qualified for perfect attendance and punctuality

3. Policies on Absence during Exams/Quizzes

- A. The missed exam/quiz is taken in the office after assembly.
- B. A fee of P 50.00 per subject is paid at the Business Office.
- C. A deduction of 10 pts. from the raw score is made to unexcused absences.

4. Cleanliness and Care of School Property

- A. Every Einsteinian has the duty to keep the school campus, classroom, faculty lounge, laboratories, sinks, canteen, bleacher, corridors and comfort rooms clean.
- B. Put all trash inside the receptacles. Do not litter the grounds with papers, wrappers, plastics, empty bottles and other waste materials.
- C. Respect school properties. Do not vandalize/ destroy walls, chairs, tables, blackboards or any surface.
- D. Homeroom cleaning time is at 4:30-5:00 under the supervision of the classroom adviser.

5. Strenuous Games

- A. Strenuous games such as basketball and running are strictly prohibited before morning and afternoon assemblies and during recess time.
- B. Playing is only allowed at 11:30-12:30 & 4:30-5:30 pm.

6. Recess Time

During recess time, students and pupils are strictly prohibited from going out of the campus.

V. OTHER MATTERS

- 1. Transactions in the Business Office are from 7:30 – 11:30 AM and from 1:00 – 5:00 PM ONLY.

- 2. Consultations/clarifications addressed to school personnel regarding school matters must be from 5:00 – 6:00 PM ONLY.
- 3. Parents/guardians must NOT USE SOCIAL MEDIA to denigrate the school, teachers, staff and students or other members of the school community. They should communicate in a courteous manner and observe proper decorum at all times.
- 4. No parent/ guardian / “yaya” is allowed to stay in the school during class hours. Guardians and carers can drop off their students but must vacate the school after assembly.
- 5. Persons with business or meeting in the school must wear decent attire. ***SLEEVELESS BLOUSE, SHORT PANTS, TATTERED JEANS and SLIPPERS are NOT ALLOWED.***
- 5. Family security guards / escorts are NOT ALLOWED inside the school campus.
- 6. Parking in front of the gate is prohibited. It will only cause traffic and problem to everyone.
- 7. The gate is locked at all times. The security guard opens the gate at 11:30 AM and at 4:10 PM (all levels). If there is an urgency to see the student / pupil, the security guard asks that person to log in for identification. Parents/ Guardians are also asked to cooperate in this regard.
- 8. In every school activity or school competition, the decision of the board of judges is FINAL and IRREVOCABLE.
- 9. School activities must always be under the supervision of the school authorities. Parents /Guardians must not in any way involve themselves, get emotionally affected and turn out to confront / assault the students. The proper way is to meet and have a dialogue with the Director / Principal and the Homeroom Adviser of the particular student/s.

10. Parents' primary role in school is support system and supervision at home especially on their children's academic performance, attendance and proper behavior.
12. Parents or guardians must be always available for HR Meetings if called upon by the school.
13. Parents must notify the school immediately of any health problems including, but not limited to any medical, physical, psychological needs of their son/daughter.
13. Parents must notify the school all current Family Court or other court orders and arrangements relating to the student (e.g. child custody/support). Such information will be dealt with in accordance with school's private policy.
14. Report Cards are issued after every grading period. Parents will be informed to come personally to get the report card of their children. Periodic warnings are also sent to the parents when necessary to inform them of their children's disciplinary records.
15. Parents/ Guardians attending any formal school events such as Honors' Convocation, Graduation/Moving Up Ceremonies are required to dress up in semi-formal attire. T-shirts, short pants and slippers are not allowed.
16. Parents should respond to the letters or phone calls by a personal visit to the Office of the Director or Principal. A close cooperation between the school authorities and the parents is considered of utmost importance in the formation and education of the students.

VI. DISCIPLINARY PENALTIES

1. Penalties are imposed for violations of the rules and regulations of the school to:
 - a. teach the ideals of justice;
 - b. correct and strengthen the character of the students;
 - c. safeguard the order necessary for a good learning atmosphere;

- d. to deter the students from violating rules; and
- e. safeguard other students from the possible harm and bad influence of the law breaker.

2. The school reserves the right to determine the sanction on a misbehavior committed by the students. Parents/ Guardians concerned shall be notified accordingly.
3. No sanction shall be imposed upon any student except for cause and only after due investigation.

VII. SANCTIONS

A. CLEANING of the SCHOOL CAMPUS (1 period)

Cleaning of school campus is done and recorded for minor violations and is done for the following offenses:

1. tardiness
2. noise in going from one area to another (like from the classroom to the computer room, AVR, Science laboratory)
3. unexcused absences from the class or any school activity (no excuse letter)
4. no ID
5. going to other floor levels
6. getting inside other classrooms
7. leaving books, notebooks and other school materials in the classroom after dismissal time
8. disturbances/ noise in the formation line during assemblies
9. littering
10. hiding valuable properties of others such as watches, bags etc.

B. STANDING

The student will be made to stand for half day outside of the administration office (with a break for one period). Parents will be informed of the student / pupil's infraction.

1. bringing / playing cards and other gambling paraphernalia such as magic card, basketball cards and the like. (Such game materials will be confiscated, and the parents will be informed.)
2. incomplete uniform
3. bringing of valuable items to school such as cellular phones, iPods, laptops, video games and DSLR cameras (*A fine of P300.00 will be imposed*)
4. chewing gum inside the campus or eating inside the classroom during class hours.
5. failure to claim the report card one week after the convocation (*A fine of P100.00 will be imposed*)
6. failure to return the report card duly signed by the parents three days after the card was claimed
7. cursing, uttering foul language, making dirty / vulgar signs
8. violations on the provisions on school uniforms which include any of the following:
 - a. wearing of earrings by boys inside the school campus
 - b. wearing of colored nail polish, make – up
 - c. wearing of printed/ colored undershirts
 - d. wearing of shirts/ mid-rib blouses with vulgar designs
 - e. wearing of shorts, sleeveless shirts, micro-mini skirts, hanging shirts/blouses, tattered jeans
 - f. wearing of unnecessary accessories/jewelry
 - g. hair dye (boys and girls) and incorrect haircut for the boys

C. SUSPENSION

Suspension is imposed for major infractions of the school rules and regulations. A student who will be suspended shall bring his/ her parent/ guardian for a conference with the Principal and Guidance Counselor.

He will serve his suspension by performing tasks or community service under the supervision of the Principal during a class day/s. Suspension will range from a minimum of one day to a maximum of 10 school days as determined by the Guidance Counselor or Principal.

EACH of the FOLLOWING OFFENSES will merit a SUSPENSION:

1. smoking, vaping, gambling in any form and bringing alcoholic drinks inside the campus
2. coming to school drunk or having taken an alcoholic drink
3. cutting classes
4. theft
5. fighting
6. misrepresentation in asking permission from parents regarding school activities
7. inflicting physical injury on others
8. possession of deadly weapons
9. extortion or asking money from others
10. deliberate destruction of school properties and properties of others (vandalism) (*A fine will be imposed basing from the materials and labor costs of replacement) and a fine of P300 for the act of destruction*)
11. bringing / circulating pornographic materials and opening pornographic websites

12. engaging in public display of affection like kissing, smooching, petting, necking, embracing, being physically “too close “for comfort and other indecent acts
13. cheating (The offender will get a one (1) day suspension, a grade of 50 on the examination where he cheated and a failing mark (70) in Conduct during that Grading period.
14. forgery, tampering with school records
15. threatening fellow students or any person
16. insubordination and disrespect to school staff, teachers and administrators
17. possession and/or exploding firecrackers in campus
18. destroying the reputation of others
19. inappropriate use of cellular phones by taking pictures of others without permission
20. falsification of documents
21. allowing others to use his/her ID and using the school ID of others
22. allowing outsiders, be they relative or friends, inside the campus without informing proper authorities
23. locking oneself in a room with another person for no valid reason
24. getting inside the restroom of the opposite sex

D. DISMISSAL

Dismissal is the heaviest penalty. A student who will be dismissed from Albert Einstein is never readmitted to the school. He / She will be dropped from its rolls and will be issued his/her transfer credentials. Dismissal is recommended by the Disciplinary Board when one of the following is committed:

1. accumulation of three (3) suspensions
2. shoplifting
3. taking part in rumbles
4. staging a strike, walkout and other mass activity which will cause disruption of school functions, classes and other activities
5. organizing or joining fraternities, groups and other movements not recognized by the school and taking part in initiation rites
6. possession and /or taking prohibited drugs like marijuana, shabu, ecstasy, heroin, cocaine, opium, LSD, inhalants and other prohibited substances
7. engaging in pre-marital sex
8. pregnancy, abortion
9. drug pushing
10. physical assault on any member of the school community

(Parents/guardians that inflict physical assault to any student will subject their child /ward for dismissal)

VIII. PROCEDURE FOR DISCIPLINARY ACTION

1. Minor cases of misconduct shall be handled by the subject teacher or the Homeroom Adviser.
2. Repeated infraction of minor cases of misconduct will be forwarded to the Guidance Counselor.
3. Serious cases shall be forwarded to the Office of the Principal.
4. The Principal will conduct the preliminary investigation right away.
5. After the investigation, the Principal will notify the parents.
6. The Principal determines the appropriate sanction.
7. Students who commit any of the offenses under dismissal should be deliberated by the Disciplinary Board.
8. The Disciplinary Board convenes and deliberates.
9. A simple majority is required to dismiss a student.
10. The Disciplinary Board informs the parents about the final decision.

IX. DISCIPLINARY PROBATION

A student who incurs one suspension or two suspensions is placed under disciplinary probation. However, if in a year he does not get suspended, he will start with a clean slate the following year.

X. RIGHT TO REPRESENT

Should a student feel that he has been treated unjustly by any member of the school community, he should present the matter to his Homeroom Adviser who will

then present it to the Principal. The Principal will bring the matter to the Director of the school for appropriate action.

XI. MEMBERS OF THE DISCIPLINARY BOARD

ADMINISTRATION

- * President/ Director
- * Vice President
- * Board of Trustees

BOARD OF ACADEMIC AFFAIRS

- * Principal
- * Guidance Counselor
- * Homeroom Adviser

FACULTY CLUB

- * All teachers including non-homeroom staff are members of Faculty Club.

PARENT – TEACHER ASSOCIATION

- * Council of Leaders Parents headed by the Incumbent Supreme PTA President
- * AESociety Governor's & Vice Governor's Parents
- * The members of the Board of Directors who are past Presidents of the PTA.

THE COUNCIL OF STUDENT LEADERS

- * There are ten presidents of the school's organizations and clubs, and each cast a vote.
- * There are 3 officers from the AE Society , namely : 1 governor & 2 vice governors

The majority decision of each sector of the Disciplinary Board shall constitute as ONE VOICE.

(SCHOOL'S COPY – to be submitted to the Business Office)

**ALBERT EINSTEIN SCHOOL
ALBERT EINSTEIN ROAD, COTABATO CITY**

The Principal,

We, the parents of _____, a _____ (level) pupil/student of Albert Einstein School have read and fully agree that our son/daughter be held responsible for the compliance on the Rules and Regulations embodied in the Albert Einstein School Student Handbook.

We have read and understood the contents of said handbook and promise to cooperate with the school for the benefit of our son/daughter.

Signed this _____ day of _____

Father's Signature Over Printed Name

Mother's Signature Over Printed Name

Guardian's Signature Over Printed Name

I have read and understood the provisions of the Student Handbook. I will faithfully comply with and conduct myself as a student of the Albert Einstein School to the best of my ability and discretion with all good fidelity and honesty. I impose upon myself this voluntary obligation without mental reservation or purpose of evasion.

I will be solely accountable for any infraction of the provisions of Handbook.

Student's Signature Over Printed Name

Level

Name of Pupil/Student _____

Level _____

Father's Name _____

Mother's Name _____

Contact Number/s in case of accident/emergency:

Phone No.: _____

Mobile No.: _____

Address: _____

AUTHORIZED FACSIMILE SIGNATURES

Father _____

Mother _____

Guardian/s (in the absence of the parents)

Name Signature

Name Signature

Phone No.: _____

Mobile No.: _____

Address: _____

LAND OF THE MORNING

*Land of the morning
Child of the sun returning
With fervor burning
Thee do our souls adore.*

*Land dear and holy,
Cradle of noble heroes,
Ne'er shall invaders
Trample thy sacred shore.*

*Ever within thy skies and through thy clouds
And o'er thy hills and sea;
Do we behold the radiance, feel and throb
Of glorious liberty.*

*Thy banner dear to all hearts
Its sun and stars alight,
Oh, never shall its shining field
Be dimmed by tyrants might.*

*Beautiful land of love, oh land of light,
In thine embrace 'tis rapture to lie;
But it is glory ever when thou art wronged
For us thy sons to suffer and die.*

PANATANG MAKABAYAN

Iniibig ko ang Pilipinas,
aking lupang sinilangan
tahanan ng aking lahi;
kinukupkop ako at tinutulungang
maging malakas, masipag at marangal.
Dahil mahal ko ang Pilipinas,
diringgin ko ang payo
ng aking mga magulang,
susundin ko ang tuntunin ng paaralan,

tutuparin ko ang tungkulin
ng mamamayang makabayan;
naglilingkod, nag-aaral,
at nananalangin
nang buong katapatan.
laalay ko ang aking buhay,
pangarap, pagsisikap
sa bansang Pilipinas.

MORNING PRAYER

☐ God, creator of all things, master of life, fountain of eternal joy,
We praise your great name in thanksgiving for the gift of life that you have given us.
Thank you, dear Lord, for this wonderful world that you have created for us.
Thank you for our parents and teachers who lead us to the path of goodness.
Thank you for our classmates and friends who teach us friendship
and make studying full of fun.
Endow us with wisdom and understanding, openness and enthusiasm,
humility, and tolerance.
Give us perseverance Lord, that in the end, we can say
we have lived according to your will.
Amen.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee.
And I detest all my sins because I dread the loss of heaven and the pains of hell.
But most of all, because I offended Thee, my God.
Who are so good and deserving of all my love.
I firmly resolve, with the help of thy grace, to confess my sins, to do penance,
and to amend my life.
Amen.

